

a publication



Negotiations Update

Dr. Philip Davis

Negotiations and Workplace Compliance Chair

Dear colleagues,

I am writing to you in my position as Negotiations Chair. As you are well aware negotiations are ongoing, and at present we have been without a contract since June 30, 2011. While I am certain that this has created some undue stress, and we are all anxious to reach an agreement, I assure you that the Negotiations Team is working towards the most beneficial contract for residents.

At present we are negotiating a contract in a time of economic uncertainty. On the surface, the government has a policy of a one percent net compensation for all groups. However, certain groups, have already negotiated their contracts, and have received compensation increases far beyond this. As of our meetings last fall and this spring we have been unable to reach an agreement with the employer. In order to ensure that a timely agreement is reached both parties have decided that arbitration would be the best way to facilitate an agreement. Our current plan is to proceed with arbitration, and this is scheduled to take place in late June.

For those residents that are graduating this year it is unlikely that we will have a new contract prior to the completion of your residency. We do however assure you that we will do everything within our power to ensure that any pay increase is paid retroactively and that you are compensated for your efforts. Should you have any questions or comments about the negotiations process that you would like us to consider, please feel free to contact myself or Sandi Flemming via sandi@parimp.ca.

In This Issue:

MPRI Update.....page 2

Benefits Info for Finishing Residents.....page 3

Canadian Doctors for Medicare.....page 4

Upcoming Events.....page 6

Our Website Is Back and Better Than Ever!

After an unexpected technical issue, www.parimp.ca was unavailable for a while.

But, it's back up and running with lots of new features. We even have a mobile site that's easier for you to access from your smartphone.

Check us out to keep up-to-date with everything that PARI-MP does for you.

MPRI Update

Lesley Perkins
MPRI Coordinator

Nineteen exhibitors from across Nova Scotia and New Brunswick were in attendance at this year's Annual MPRI All-Specialties Job Fair. The job fair which took place on March 23rd, at the Atlantica Hotel in Halifax, afforded residents the chance to discuss practice opportunities with the district health authorities and private practices alike. Although attendance was lower than expected our exhibitors reported that they had a lot of quality conversations over the three hour period. A lovely variety of food and beverages were also available and allowed for a little socializing.

Congratulations to the grand prize winner of the Keurig Single Serve Platinum Brewer (MPRI) and gift bag (Cumberland Health Authority) ~ Tetyana Martin (approx. value of \$200).

We would also like to thank our exhibitors who provided door prizes. The winners of those prizes were:

Melissa Brooks	Blackberry Playbook (South West Nova)
Aafiah Hamza, Jessica Bosse	Ipod Shuffle x2 (South Shore Health)
Casey Clarkson	Gift Cards-\$130 value (NS Department of Health)
Amanda Ginnish	\$75 Massage Gift Card (Bedford Basin Women's Health Clinic)
Anastasia Neufeld	Computer Bag (Bedford Central Medical Clinic)
Jon Bailey	Gift Basket (Cumberland Health Authority)
Vicki Xu	Goodie Bag (Colchester East Hants)
Brian Buchanan	Gift Basket (Medicine In Motion)
Annet Bessenyei	Gift Basket (Medicine In Motion)

We are always happy to hear your feedback from our events. If you would like to share your thoughts with us please contact Lesley@parimp.ca.

Mark Your Calendar!

PARI-MP Annual General Meeting

Tuesday, August 14th

6:00 p.m.

Royal Bank Theatre, Halifax Infirmary

Meeting will be videoconferenced to all training sites.

Stay tuned to your email for more details.

Benefits Info For Finishing Residents

Finishing Your Residency

Please note, your benefits will terminate on the date you finish your residency. After this date your Manulife Financial cards will no longer be valid. However, your MHCSI/Lawton's pharmacy discount-cards will not expire until December 31st, 2012. You may continue to utilize the benefits of this discount program at the pharmacy and front store.

Fellowship & Your Benefits

Are you finishing your residency now, but returning to residency in the fall to do a fellowship? If so, and you would like to maintain your Manulife Financial coverage to bridge the gap between your residency, contact Leanne to obtain permission from Manulife to maintain your coverage. Although you will remain on the plan without an interruption of coverage, you will be required to pay the full cost of the monthly benefit amount and your dues out of pocket as you will not be paid during this time and the employer will not be contributing to the cost of your premiums. For more information, or to obtain a quote, please email Leanne@parimp.ca.

Benefits questions?

Contact Leanne at 902.404.3594 or Leanne@parimp.ca.

CAIR Blogging Contest

What is the key is to successfully managing worklife balance as a resident?

CAIR knows that residency isn't always easy, but we want to hear from you, our members, about ways you've learned to manage worklife balance. Just submit your blog post of 500 words or less to contests@cair.ca by May 18, 2012, and you could win!

First Prize

Up to \$1000 towards travel/accommodation to a medical conference of your choice.

Second Prize

\$250 Gift Card from Amazon.ca

Third Prize

\$100 Starbucks Gift Card

The winning posts will be featured on CAIR's website in the Learning from the Masters Series. For contest rules and more information, visit www.cair.ca.



**Official Notice
Annual General Meeting
of the
Canadian Association of Internes and Residents
Saturday, June 16, 2012
13:00 – 13:30**

**Delta Bessborough
Saskatoon, SK**

**The agenda will be circulated closer to the meeting date.
All CAIR members are welcome to attend!
For more information, contact the CAIR Office.**



On April 3rd, combining hard work and intensity for three periods, the residents and faculty hit the ice to battle it out for PARI-MP's annual Hemo Cup. The residents were in the lead, however in the third period the faculty rallied to beat the residents in an 8-6 victory.

Canadian Doctors For Medicare

All PARI-MP residents are invited to join the Dalhousie chapter of Canadian Doctors for Medicare (CDM) in support of access to improved health care for all Canadians, based on need and not ability to pay.

CDM is working with the incoming leadership of the Canadian Medical Association (CMA) to engage more doctors in a constructive discussion about improving health care, and moving away from the false assumption that more private health care means better care for Canadians.

You can join at www.canadiandoctorsformedicare.ca. Membership for residents is free (donation of \$10 is encouraged). If you would like to hear about upcoming CDM events at Dalhousie please email cdmdal@gmail.com.

On April 12th, PARI-MP treated the residents at the Moncton training site, to a social night of friendly, bowling fun!



Volunteer For Diabetes Camp

The Canadian Diabetes Association's camping program provides a unique opportunity for kids living with diabetes and for healthcare professionals still in training. This is a great opportunity to improve your knowledge of day-to-day diabetes management in a recreational environment. This program couldn't take place without the help of healthcare staff and students.

The current dates for the 2012 camps are:

- Camp Dia-best (New Brunswick) – June 29th to July 6th, 2012
- Camp Morton (Nova Scotia) – July 7th to July 13th, 2012
- Camp Douwanna – Teen Program (NFLD) - July 15th to July 20th, 2012
- Camp Douwanna – Children's Program (NFLD) – July 22nd to July 27th, 2012
- Camp Red Fox (PEI) – July 28th to August 3rd, 2012
- Camp Lion Maxwell (Nova Scotia) – August 13th to August 19th, 2012

An orientation session will take place prior to camp to help the new and returning medical staff become familiar with their roles, the daily routines at camp and to provide information on children and diabetes.

If you're interested in applying you can get the application online at www.dcamp.ca or you can email Stephane Richard at stephane.richard@diabetes.ca. Also if you know of anyone that might be interested in this program please let them know. Physicians, Residents, Medical Students, Nurses, Nursing Students, Dietitians, Dietetic Interns/Students are always welcome.

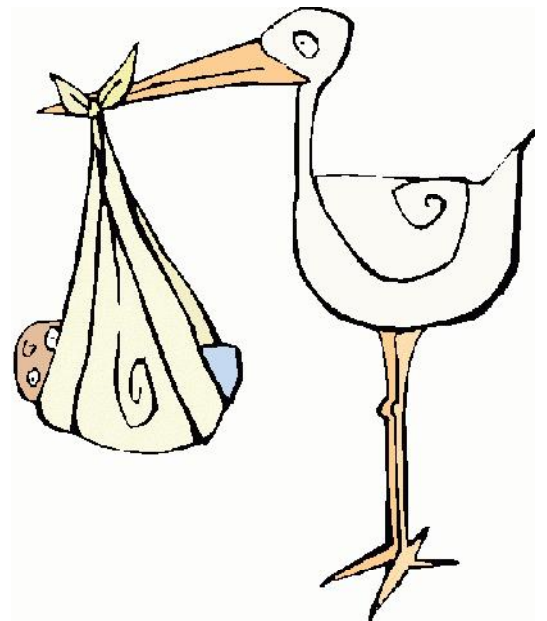
Announcements

Congratulations to Danielle Kain (PGY3) and her husband Chris Howard on the birth of their son Gabriel on September 7th, 2011. He weighed 7 lbs and 7 oz.

PARI-MP staff person Evie Croucher and her husband Philip welcomed their daughter Naomi Irene on February 20th, 2012. She weighed 9 lbs and 14 oz.

Kristen Fleming (PGY4) and John Cruisick are the proud parents of Jacqueline Ellen, born April 3rd, 2012. She weighed 8 lbs 11 oz.

Congratulations are in order for PARI-MP staff person Cristy Atwood and her husband Josh. Their daughter Celeste Cristina was born on April 5th, 2012 weighing 7lbs and 8 oz.



Do you have an announcement?

If you have an exciting announcement that you would like included in our newsletter please email evie_sabean@hotmail.com.

Contact Us

Sandi Flemming
Executive Director
902.404.3597
Sandi@parimp.ca

Leanne Bryan
Benefits/Events Coordinator
902.404.3594
Leanne@parimp.ca

Verlie Tyson
Office Administrator
902.404.3595
Verlie@parimp.ca

Lesley Perkins
MPRI Coordinator
902.404.3596
Lesley@parimp.ca

PARI-MP

460-5991 Spring Garden Road
Halifax, NS B3H 1Y6

902.404.3595
www.parimp.ca

Upcoming Events

Don't miss out on these great PARI-MP events!

Tuesday Night Yoga Halifax Yoga Tuesdays at 7:45 p.m.

Join us for our spring session of Tuesday night yoga at the Halifax Yoga Studio on Purcell's Cove Road in Halifax. Classes will take place until the end of May. This is free for residents and one guest. Don't forget your yoga mat!

National Resident Well Being Day Thursday, May 24th

PARI-MP, along with residents across the country, will be celebrating National Resident Well Being Day on Thursday, May 24th. In Halifax, PARI-MP will be offering coffee and muffins at each site and you'll also have the chance to spin our prize wheel! Each training site will be hosting their own coffee and muffin break as well, along with a well being event. Check with your PARI-MP site representative for more info.

PARI-MP Laser Tag Alpha Strike Laser Tag, Burnside Thursday, May 24th 7:00 p.m.

You asked for it, so now you'll have to join us for a friendly competition with PARI-MP Laser Tag. All residents and a guest are welcome to attend. However, space is limited so you must RSVP to Leanne@parimp.ca. For more info, visit www.alphastrike.ca.

PARI-MP Golf Day Granite Springs Golf Course Sunday, July 15th

The weather is getting warmer and the PARI-MP Golf Day will be here before you know it. Start thinking about entering a team for our annual summer kick-off! The tourney will be an early morning shot-gun start, and it will take place on Sunday, July 15th at Granite Springs. There will be lots of fun, food and prizes...so mark your calendar! If you're interested in playing, stay tuned to www.parimp.ca for our early bird registration.

Event Ideas

Do you have a great idea for an event you would like to see PARI-MP host? Drop us an email at Leanne@parimp.ca and tell us about it.